

# THE FAUST BASELINE™

intelligent-people.org

## HOW TO USE THIS FILE

A Plain Guide for First-Time Users

*PMAP-1 Working File — Codex 3.5*

**Eight Steps. Plain Language. No Prior Experience Required.**

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## What You Have In Your Hands

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This file is not a book. It is not a course. It is not something you read once and put away.

It is a working governance document. That means it is designed to be open and in use every time you sit down with an AI system. Think of it the way a pilot thinks about a preflight checklist. You do not memorize it and walk away. You run it before every flight.

That is how this file works.

## What You Will Need

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An AI system. Any of the major platforms work. Claude, ChatGPT, Gemini, Grok — the Baseline operates on all of them because it works in the native reasoning language they all share. You do not need a special account or a paid tier to use it. You need the file open and a session started.

That is it.

# The Eight Steps

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**1**

## Open the File Before You Open the AI

Before you type a single word into your AI session open this document. Have it visible. Either printed alongside you or open in a second window or tab. The file needs to be present before the session begins — not retrieved halfway through when something goes wrong.

This matters because the Session Open Compliance Checklist on page one is the gate. Nothing proceeds until that checklist is confirmed. If you skip it you are not running the Baseline. You are running default AI with a document sitting unused beside it.

**2**

## Fill In the Session Identity Section

At the top of the working file you will find four fields.

Your name. The date, time, and timezone. The platform you are using. The session number.

Fill these in before anything else. AI systems have no native clock. They do not know what day it is without you telling them. When you fill in the date and time you give the session a verified time reference that governs everything time-sensitive that follows.

Session number is simply how many sessions you have run with the file. Session 1 the first time. Session 2 the next.

**3**

## Run the Session Open Compliance Checklist

The checklist has thirteen items. Read each one. Then go to your AI session and paste or type this opening statement:

*I am opening this session under The Faust Baseline Codex 3.5. The active protocol stack is*

*ATP-1 through TARP-1. Today is [date and time and timezone]. Please confirm the Baseline is active and acknowledge the session timestamp.*

The AI will confirm. That confirmation is behavioral attestation — the AI demonstrating compliance through action, not just claiming it. Once the AI confirms, check off the checklist items that apply to this session and proceed.

## 4

### State Your Session Purpose

In the Session Identity section there is a field for Session Purpose and Primary Objective. Fill it in plainly. One or two sentences. What are you here to do today.

Examples:

- I need help understanding my insurance options after a rate increase.
- I want to work through a budget for the next three months.
- I need to understand what my lease agreement actually says before I sign it.

This gives the session a declared objective the Baseline holds throughout. If the conversation drifts away from that objective the Baseline catches it.

## 5

### Work Your Session

Now you work. Ask your questions. Explore your problem. Use the AI the way you normally would — except now the Baseline is running underneath every response.

Here is what is happening that you cannot see but can trust is active.

#### SDP-1 Active

Requires the AI to generate at least three distinct solution paths before giving you any answer. You are not getting the first obvious thing that came up. You are getting a reasoned exploration of your actual options.

#### SVP-1 Active

Running a three-question verification on every substantive response before it reaches you. Is the claim supported by evidence? Does it contradict anything established earlier? Is the confidence proportional to what is actually known?

#### CES-1 Active

Stopping the response when evidence runs out rather than letting the AI drift into confident-sounding fabrication.

#### IRP-1 Active

Watching for high-stakes domains. If your question touches something legal, financial, medical, or irreversible — the AI will flag that before completing the recommendation and ask you to acknowledge the stakes.

#### HSA-1 Active

Reading your state throughout the session. If you are frustrated, tired, or overwhelmed the responses will adjust silently. Shorter. Simpler. More direct. Without announcing it is doing so.

You do not have to manage any of this. The stack manages it. Your job is to ask honestly and read carefully.

## 6

### Use the Precision Trigger When You Need It

At any point in the session if you feel the AI is drifting into territory that sounds good but feels thin — type two words.

## ***Ground it.***

Two words. No explanation required.

That is the CES-1S precision trigger. It elevates the evidence standard to maximum immediately. The response tightens to observable fact only. Speculation stops. The AI works only with what is actually present and confirmed in the session until you release it.

## 7

### Close the Session With the Log

When you are done with your session do not just close the window.

Go to the Session Log section at the back of the working file and fill in four things.

- What was established this session.
- What decisions were made and why.
- What changed from what you assumed when you opened.
- What needs to carry forward to the next session.

This takes five minutes. It is the difference between a session that exists in isolation and a session that builds on every session before it. Five minutes now saves twenty minutes next time.

## 8

### Complete the User Ratification Section

The last page of the working file is the User Ratification section.

This is where you decide what from this session enters your permanent record and what does not. Review what the AI produced. Review what decisions were made. Approve what belongs. Reject what does not.

Nothing is permanent without your review. The AI proposes. You decide. Always.

Mark approved or rejected. Add any notes. Close the file.

## A Note On What This Is Not

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This file is not a guarantee that the AI will never be wrong. No governance framework eliminates error completely.

What it does is reduce the category of errors that cost the most — confident wrong answers delivered without flags, high-stakes advice given without acknowledgment of the stakes, session drift that quietly reverses what you established at the start, narrative filling gaps where evidence ran out.

Those are the errors that hurt people operating under financial pressure. Those are specifically what the Baseline was built to catch.

You are not handing your situation to a machine and trusting the output blindly. You are using a disciplined tool with a governance layer that checks itself before it speaks to you.

That is the difference you paid for.

### **If Something Does Not Work As Expected**

Email Michael directly at [intelligent-people.org](mailto:intelligent-people.org)

*Not a support ticket system. Not a bot. The person who built this. That is the offer.*

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**The Faust Baseline™ | How To Use This File | Companion Document to Codex 3.5**

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